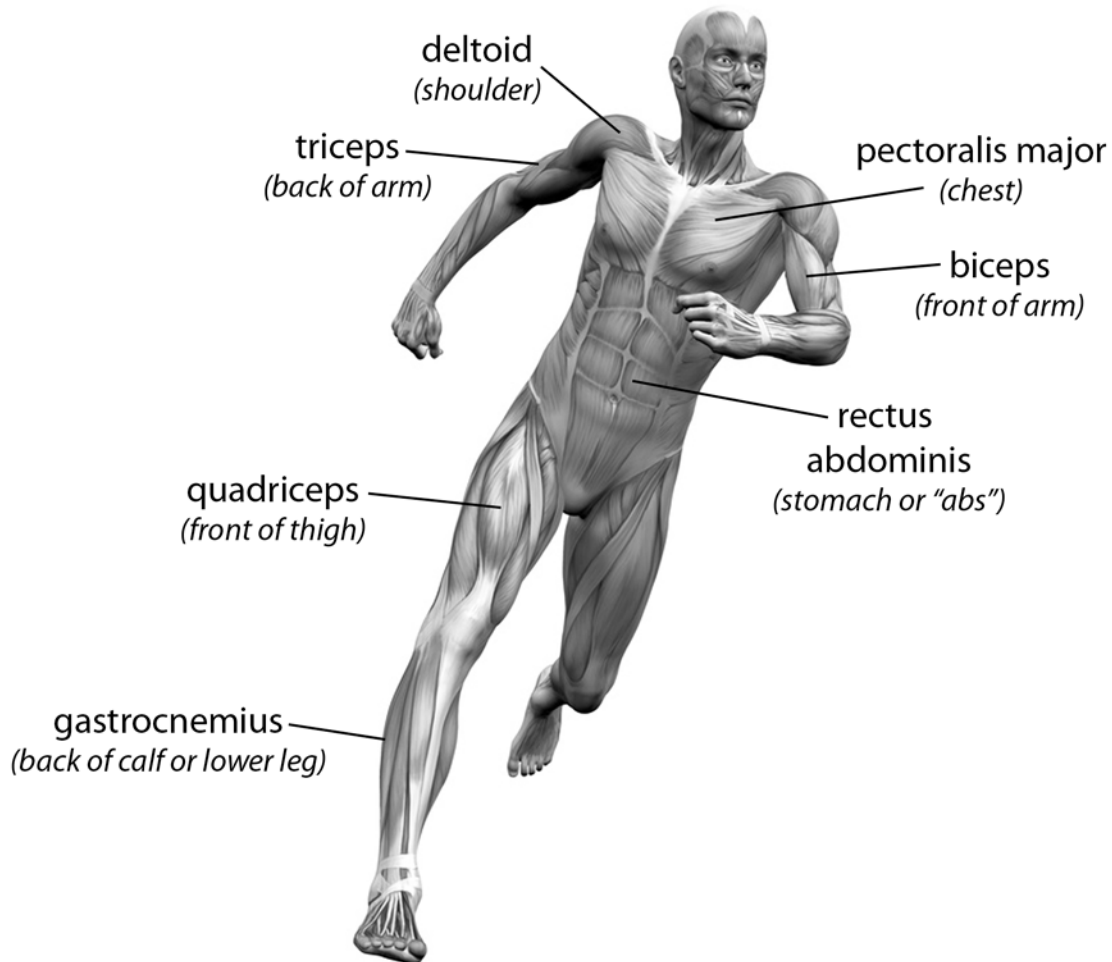


# Muscles & Your Body

This picture shows some important muscles in your body that you use every day. Color each one a different color.



Draw pictures of some of your favorite activities that you use these muscles for.  
Here are some ideas: running, kicking a ball, throwing a frisbee, and swimming.